

**Grade 2**

# **Sivanarthanalayam**



***Smt. Sivaraji Sivakumar***

**BharathaNatya Kalaikoodam**  
பரதநாட்டியக் கலைக்கூடம்

## Varnam

1. How many Thath Thei Tham adavus are there? **6**
2. What thalam are all the Thath Thei Tham adavus set in? **Adi Thalam**
3. How many Thath Thei Theitha adavus are there? **4**
4. Which Thath Thei Thaha adavu is set in the Rubaha thalam? **1st**
5. Which adavu is danced only with the Thripathaha Hastham? **Thath Thei Thaha**
6. Which adavu do we perform in the full sitting position? **Mandi Adavu**
7. What position do we use for Mandi adavu? **Full sitting**
8. How many Mandi adavus are there? **4**
9. What thalam are Mandi Adavus set in? **Rubaka Thalam**
10. What is the Sotkattu for Mandi adavu? **Thankidu Thatha Thinna**
11. How many Sarukal adavus are there? **1**
12. What is the Sotkattu for Sarukal adavu? **Thankidu Thatha Thinna**
13. What is the difference between the Mandi adavus and Sarukal adavu?  
**We perform the Mandi adavus in a full sitting position but we perform the Sarukal adavu in full sitting and half sitting position.**
14. How many Thith Theiumtha Tha Thei adavus are there? **3**
15. What thalam are all the Thith Theiumtha Tha Thei adavus set in? **Adi Thalam**
16. How many Thei Thei Thatha adavus are there? **3**
17. What thalam are all the Thei Thei Thatha adavus set in? **Adi thalam**
18. In grade 2, which adavus are set in Rubaha Thalam?

**Mandi Adavu, Sarukal Adavu, 1st Thath Thei Thaha Adavu**

19. How many Asamutha Hasthas are there? **28**

20. What is the Sanskrit name for single hand? **Asamutha Hastha**

22. What is the Sanskrit name for double hand? **Samutha Hastha**

23. Which double hand mudra is made when you join two Pathaha Hasthams together? **Anjali**

24. What double hand mudra is formed when two Alapathma Hastham cross over? **Avakistham**

25. What double hand mudras made with two Arthachandra Hasthams?

**Mathsaya Hastham, Chakra Hastham**

26. Which double hand mudras are made with Mirugashishya Hastham in both hands?

**Korma Hastham, Varaha Hastham, Sampuda Hastham**

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## Asamyutha Hasta Viniyogam

<u>No.</u>	<u>Name</u>	<u>Meaning</u>
1.	Pathaka	Flag
2.	Tripathaka	Triangular Flag
3.	Arthapathaka	Half Flag
4.	Kathareemugaka	Scissors Head
5.	Mayura	Peacock
6.	Ardachandra	Half Moon
7.	Araala	Mudra
8.	Shugadunda	Parrot's Head
9.	Mushti	Fist
10.	Shikara	Peak
11.	Kabitha	Wood Apple
12.	Kathagamugaga	Head of a bangle
13.	Soochi	Needle
14.	Chandrakela	Crescent Moon
15.	Padmagosha	Lotus bud
16.	Sarpashirashtha	Snake's Head
17.	Mirugasheesha	Deer's Head
18.	Shingamugaga	Lion's Face
19.	Kangoola	Fruit
20.	Alapadmaka	Fully Bloomed Lotus
21.	Chadura	Square/Four
22.	Bhramari	Honey Bee
23.	Hamsaasya	Swan's Beak
24.	Hamsbacksha	Swan's Wings
25.	Sandamsha	To Repeat Again & Again
26.	Mukula	Flower Bud
27.	Thamrachooda	Plume Of A Cock
28.	Trishula	Trinity/Thrishoolam

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## Samyutha Hasta Viniyogam

<u>No.</u>	<u>Name</u>	<u>Meaning</u>
1.	Anjali	Namaskar
2.	Kapotha	Pigeon
3.	Katkata	Crab
4.	Swashtikam	Swastika
5.	Dolahasta	Mudra
6.	Pushpapuda	Flower Holder Or Basket
7.	Uthsanga	Shoulders
8.	Shivalingakaka	Shivalingam
9.	Katakavarthana	Mudra
10.	Kathare swastihastatha	Two kathares in swastikam
11.	Shakatam	Wheel/demons teeth
12.	Shanka	Conch
13.	Chakaram	Wheel
14.	Samputa	Box
15.	Paasha	Rope
16.	Keelakav	Links
17.	Matsya	Fish
18.	Koorma	Tortoise
19.	Varahaa	Wild Pig Or Boar
20.	Garudo	Eagle
21.	Naagabandesha	Two snakes twisted together
22.	Katvaa	Cot
23.	Barundaka	Berunda Bird
24.	Avahitha	To Hold Things In Your Hand

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